

# Wraparound Basics



Center for Human Services

*Building a stronger community...one family at a time.*

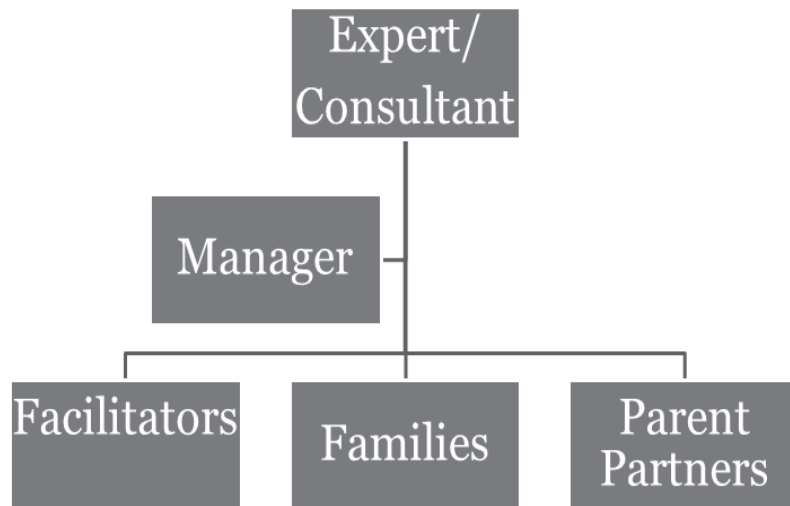
# What is Wraparound?

## Wraparound is:

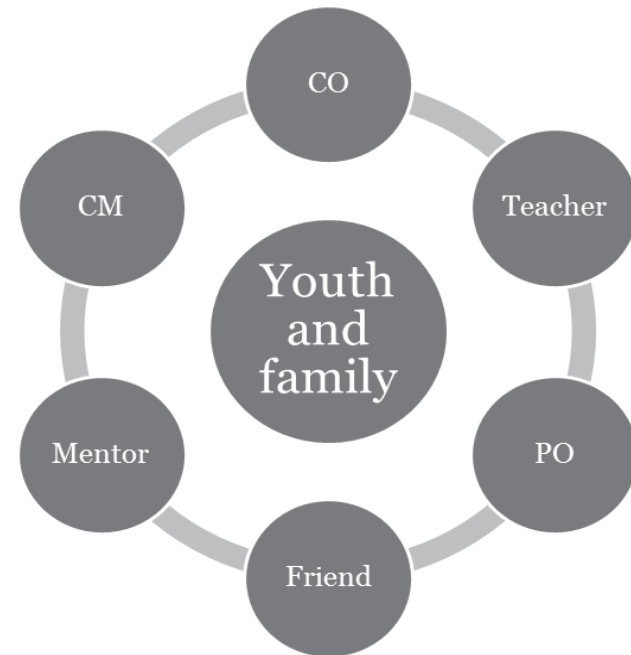
- \* Team-based planning that builds on the strengths of its team members
- \* Your team will include: family, friends, professionals, and other people who are important in your child's life
- \* Together your team will develop a plan of care to address the needs that are most important for your family to find success

# Paradigm Shift: From Expert to Team Player

## Expert Model



## Team Decision Making



# Why Wraparound?

- \* Working with youth with complex needs and multiple system involvement is challenging and outcomes are poor
- \* Child and family needs are complex
- \* Youth typically have multiple and overlapping problem areas that need attention
- \* Families often have unmet basic needs
- \* Families are rarely fully engaged in services
- \* They don't feel that the system is working for them

# Why Wraparound?

- \* Systems are in “siloes”
- \* These systems don’t work together well for individual families unless there is a way to bring them together
- \* Youth get passed from one system to another as problems get worse
- \* Families relinquish custody to get help
- \* Children are placed out of home or in more restrictive settings

# How Do Families Benefit?

- \* Parents are more confident in raising high needs children
- \* Youth are able to thrive in their community (instead of getting passed from one system to another as problems get worse)
- \* Addresses unmet needs in multiple life areas
- \* Families become fully engaged in services
- \* Allows families and systems to partner together

# Wraparound Delivery Team Model

- \* 5 WDTs across King County
- \* Divided by school district
- \* CHS serves Lake WA, Riverview, Northshore, Shoreline, Skykomish School Districts
- \* 6 Facilitators, 3 Parent Partners
- \* Maximum of 15 families per facilitator
- \* 90 families served at one time

# Eligibility

- \* Children or youth up to age 21
- \* Living in King County
- \* Receives Services from 2 qualifying systems:
  - Special Education; Mental Health; DDD;  
Substance Abuse; Juvenile Justice; DCFS
- \* Agrees to participate in the process



# Your Wraparound Team

- \* Wraparound Facilitator
- \* Wraparound Parent Partner
- \* Wraparound Coach
- \* Natural Supports
- \* Formal Supports



# Wraparound Principles

**Wraparound is guided by 10 Principles:** These principles guide your team and drive the wraparound process. They take into consideration all needs of your child and family.

- ❖ Family Voice and Choice
- ❖ Team Based
- ❖ Natural Supports
- ❖ Collaboration
- ❖ Community Based
- ❖ Culturally Competent
- ❖ Individualized
- ❖ Strengths Based
- ❖ Persistence
- ❖ Outcome Based

# Phases of Wraparound

- ✓ Engagement
- ✓ Plan Development
- ✓ Implementation
- ✓ Transition



# Phase 1: Engagement

- \* Orient your family to the Wraparound process;
- \* Minimal paperwork (consent, releases of information, etc.);
- \* Typically meet 2-4 times during this phase as we get to know your family;
- \* Gather baseline information as well as your family story;
- \* Begin a dialogue about what needs your family may have;
- \* Create a family vision that will guide us as we establish your team and develop your care plan;
- \* Identify strengths of every family member;
- \* Begin identifying team members;
- \* Create a family crisis and safety plan (if necessary)
- \* Lastly, we will schedule the first team meeting, which should be scheduled for no later than 45 days from our initial orientation.

# Phase 2: Plan Development

- \* During this time we will meet regularly as a team;
- \* We will create the family care plan that will identify your needs and goals;
- \* We will establish a team mission, create meeting ground rules, and team member strengths will be explored;
- \* Once the needs and goals have been identified and prioritized, potential strategies will be explored and action steps will be assigned;
- \* This phase may extend through many meetings depending on the needs of the family team.
- \* ***We encourage children to participate in team meetings to the extent that they are able.***



# Sample Care Plan

## Child and Family Team Care Plan



<b>Youth Name</b>			
<b>Facilitator</b>		<b>Parent Partner</b>	
<b>Family Vision</b>			
<b>Team Mission</b>			
<b>Plan Date</b>		<b>Next Meeting</b>	

<b>Need</b>	
<b>Strengths</b>	
<b>Domain Goal</b>	
<b>Resources Needed or Barriers</b>	
<b>Action Steps</b>	
<b>Updates &amp; Celebrations</b>	

# Phase 3: Implementation

- \* Teams generally will meet monthly, though this can fluctuate depending on team needs;
- \* Strategies will be implemented by the family and team members, these may be modified as time goes on;
- \* During this phase we will work to ready your family for transition.

# Phase 4: Transition

There are many things to consider when deciding if a family is ready for transition from Wraparound, including the frequency of team meetings.

Transition implies you will have a plan in place to satisfy any unmet needs, not that your needs have all been met.

A typical timeframe in Wraparound is 6-18 months and the hope is that you will come to a place where you (or another team member) have gained the skills necessary to coordinate and facilitate your own team and that you are able to continue the process into the future.





Questions...

# Contact Information

- \* King County MIDD Wraparound:

- \* <http://www.kingcounty.gov/healthservices/MentalHealth/Services/Youth/Wraparound.aspx>

- \* Center for Human Services Wraparound:

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