

# Special Needs Resources for Shoreline Families

Several of the groups listed here maintain their own lists of recommended resources on their websites. Consider this a starting place to find more information and agencies.

## *Childcare Resources*

<i>Care.com and Sittercity.com</i>	Can search for special needs providers and request background checks	<a href="http://www.care.com">www.care.com</a> <a href="http://www.sittercity.com">www.sittercity.com</a>
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## *Community Resources*

<i>The Arc of King County</i>	Programs, training and advocacy for people with intellectual and developmental disabilities (also lists a lot of resources on its website)	<a href="http://arcofkingcounty.org/">http://arcofkingcounty.org/</a>
<i>The DO-IT Center</i>	The Disabilities, Opportunities, Internetworking, and Technology Center dedicated to empowering people with disabilities through technology and education	<a href="http://www.washington.edu/doi/">http://www.washington.edu/doi/</a>
<i>Hopelink</i>	Social services agency with several programs, including transportation for people with disabilities to and from medical appointments	<a href="http://www.hope-link.org/">www.hope-link.org/</a>
<i>Hyde Shuttles</i>	Transport people with disabilities and seniors to hot meal programs, medical appointments, senior centers, grocery stores, and other local destinations. Service areas include Shoreline/Lake Forest Park	<a href="http://www.seniorservices.org/transportation/hydeshuttles.aspx/">http://www.seniorservices.org/transportation/hydeshuttles.aspx/</a>
<i>Informing Families</i>	Website resources provided by the state Developmental Disabilities Council, in collaboration with the Developmental Disabilities Administration	<a href="http://informingfamilies.org/">http://informingfamilies.org/</a>
<i>Open Doors for Multicultural Families</i>	Works to ensure diverse families who have family members with developmental disabilities and special health care needs have equal access to culturally and linguistically appropriate information, resources, and services	<a href="http://www.multiculturalfamilies.org/">http://www.multiculturalfamilies.org/</a>

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<i>Sound Options Group</i>	Offers facilitation services	<a href="http://soundoptionsgroup.com/index.htm">http://soundoptionsgroup.com/index.htm</a>
<i>Special Education Support Center</i>	Provides training to all educators (including administrators and pre-service teachers), as well as to parents and service organizations; collaborates with numerous organizations to assure that educators and the families they serve have a clear understanding of state and federal rules and best practices related to students with disabilities	<a href="http://specialeducationsupportcenter.org/">http://specialeducationsupportcenter.org/</a>
<i>Seattle Children's Center for Children With Special Needs</i>	Provides information and resources, program evaluation and needs assessment, health education and training for families and professionals	<a href="https://cshcn.org/">https://cshcn.org/</a>
<i>Treehouse for Kids</i>	Provides foster child and family support	<a href="http://www.treehouseforkids.org/">http://www.treehouseforkids.org/</a>
<i>U.S. Dept. of Education Office for Civil Rights</i>	Serves student populations facing discrimination and the advocates and institutions promoting systemic solutions to civil rights problems	Seattle office, 206-607-1600, <a href="http://www2.ed.gov/about/offices/list/ocr/addresses.html">http://www2.ed.gov/about/offices/list/ocr/addresses.html</a>
<i>WA PAVE (Partnerships for Action. Voices for Empowerment)</i>	Parent-directed organization that works with families, individuals with disabilities, professionals and community members	<a href="http://www.wapave.org/">http://www.wapave.org/</a>
<i>Washington Special Education Coalition</i>	Brings parent and professional organizations together to share information, explore issues and effectively advocate for quality education for all children, particularly those with special education needs in Washington State	<a href="https://wssec.org/">https://wssec.org/</a>
<i>Wrightslaw</i>	Parents, educators, advocates, and attorneys come to this website for accurate, reliable information about special education law, education law, and advocacy for children with disabilities	<a href="https://www.wrightslaw.com">https://www.wrightslaw.com</a>

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<i>Diagnosis-Specific Resources</i>		
<i>Aspiring Youth Program at Ryther</i>	Offers social skills groups (and other programs)	<a href="http://aspiringyouth.net/">http://aspiringyouth.net/</a>
<i>Autism Outreach Project</i>	No longer being funded but still planning to offer free lending library	<a href="https://www.nwesd.org/autism">https://www.nwesd.org/autism</a>
<i>CHADD</i>	Children and Adults with Attention-Deficit/Hyperactivity Disorder - provides education, advocacy and support for individuals with ADHD	<a href="http://www.chadd.org/">http://www.chadd.org/</a>
<i>Lynnwood Speech and Language Services</i>	Offers a social skills group for ages 4-18+	<a href="http://www.lynnwoodspeechandlanguage.com/services">http://www.lynnwoodspeechandlanguage.com/services</a>
<i>National Alliance on Mental Health of Greater Seattle (NAMI)</i>	Only organization in the Seattle area working specifically to fill the gaps in our local mental health system through education, referrals, and support; offers classes and support groups at no cost to those who need them	<a href="http://www.nami-greaterseattle.org/">http://www.nami-greaterseattle.org/</a>
<i>National Center for Learning Disabilities</i>	Offers online programs and resources aimed at improving the lives of the one in five children and adults nationwide with learning and attention issues	<a href="http://www.nclld.org/">http://www.nclld.org/</a>
<i>National Organization on Fetal Alcohol Syndrome of Washington State</i>	Supporting individuals with Fetal Alcohol Spectrum Disorders, the families that care for them, and the systems that serve them	<a href="http://www.nofaswa.org/">http://www.nofaswa.org/</a>
<i>PEERS Program</i>	Social Bridge offers the 14-week PEERS program for teens (age 12-17) with Asperger's and High Functioning Autism. It has demonstrated results in improving conversation skills, quality of friendships, and ability to handle disagreements and teasing. Parents are involved and learn proven methods to assist their teen	<a href="http://socialbridgeseattle.com/">http://socialbridgeseattle.com/</a>

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<i>PEERs Play</i>	Social skills group for kids 3-7	<a href="http://www.peersplay.com/">http://www.peersplay.com/</a>
<i>Puget Sound Counseling and Autism Services in Lynnwood</i>	Services include social learning groups for different grades	<a href="http://www.psautism.com/services.html">http://www.psautism.com/services.html</a>
<i>Washington Autism Alliance and Advocacy</i>	Provides training, legal and education advocacy to members	<a href="http://www.washingtonautismadvocacy.org/updates">http://www.washingtonautismadvocacy.org/updates</a>
<i>WA FEAT (Families for the Effective Treatment of Autism)</i>	Mission is to provide families with hope and guidance to help their children with autism reach their full potential	<a href="http://www.featwa.org/family-services.html/">http://www.featwa.org/family-services.html/</a>
<i>Washington State Dyslexia Resource Guide</i>	Provides guidance to schools and families in the realm of dyslexia, with three goals in mind: build an understanding of the term dyslexia; learn how to identify students with dyslexia; and support teachers and parents in educating students with dyslexia	<a href="https://www.k12.wa.us/Reading/DyslexiaGuide.aspx/">https://www.k12.wa.us/Reading/DyslexiaGuide.aspx/</a>
<i>Yale Center for Dyslexia and Creativity</i>	Serves as a nexus for research on dyslexia, and is as well a leading source of advocacy and information to better the lives of people with dyslexia	<a href="http://dyslexia.yale.edu/">http://dyslexia.yale.edu/</a>
<b>Government Agencies</b>		
<i>Center for Appropriate Dispute Resolution in Special Education (CADRE)</i>	Funded by the Office of Special Education Programs at the US Department of Education	<a href="http://www.directionservice.org/cadre/">http://www.directionservice.org/cadre/</a>
<i>Children's Crisis Outreach Response System (CCORS)</i>	Provides crisis services to children, youth and families in King County who are not already enrolled in the publicly funded King County Mental Health Plan (KCMHP). CCORS also provides limited services to children and youth who are currently enrolled in the KCMHP	<a href="http://www.kingcounty.gov/healthservices/MentalHealth/Services/Youth/CrisisOutreach.aspx">http://www.kingcounty.gov/healthservices/MentalHealth/Services/Youth/CrisisOutreach.aspx</a>

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<i>Developmental Disabilities Administration (DDA)</i>	Assists individuals with developmental disabilities and their families to obtain services and supports based on individual preference, capabilities and needs	<a href="https://www.dshs.wa.gov/ddd/">https://www.dshs.wa.gov/ddd/</a>
<i>King County Wrap-Around Services</i>	Provides coordinated planning and family support for mental health clients	<a href="http://www.kingcounty.gov/healthservices/MentalHealth/Services/Youth/Wraparound.aspx">http://www.kingcounty.gov/healthservices/MentalHealth/Services/Youth/Wraparound.aspx</a>
<i>Radar Program</i>	Program through King County Sheriff's Office/Shoreline Police to put proactive de-escalation plans in place for residents with mental health or developmental disabilities, working collaboratively with families	Shoreline Police Department's Community Service Officer, 206-801-2719.
<i>Washington State Office of the Education Ombudsman (OEO)</i>	The Office of the Education Ombudsman (OEO) resolves complaints, disputes, and problems between families and elementary and secondary public schools in all areas that affect student learning	<a href="http://www.governor.wa.gov/oeo">http://www.governor.wa.gov/oeo</a>  OEO Handbook – What Every Parent Needs to Know: <a href="http://www.governor.wa.gov/oeo/publications/manual_students_with_disabilities.pdf/">http://www.governor.wa.gov/oeo/publications/manual_students_with_disabilities.pdf/</a>
<i>Washington State Office of Superintendent of Public Instruction (OSPI) Special Education</i>	Includes child find guidance	<a href="http://www.k12.wa.us/SpecialEd/default.aspx/">www.k12.wa.us/SpecialEd/default.aspx/</a>
<b><i>Parent/Family Networks</i></b>		
<i>Special needs parent-teacher-student associations, organizations and advisory councils</i>	A directory listing of all groups in the state	<a href="http://www.wssec.org/#!/special-ed-ptas/ctr8/">http://www.wssec.org/#!/special-ed-ptas/ctr8/</a>

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<i>Northwest Special Families</i>	A network of families with special needs children that coordinates social opportunities in King and Snohomish counties. Its parent organization is the Center for Human Services	<a href="http://www.northwestspecialfamilies.org/">http://www.northwestspecialfamilies.org/</a>
<i>Washington State PTA</i>	Represents the largest volunteer organization in the state, with more than 132,000 members in more than 875 local PTAs across the state	<a href="http://www.wastatepta.org/">http://www.wastatepta.org/</a>
<b><i>Recreational Opportunities</i></b>		
<i>Outdoors for All Foundation</i>	Provides outdoor recreation for youth and adults with disabilities, including camps	<a href="https://outdoorsforall.org/">https://outdoorsforall.org/</a>
<i>Seattle Adaptive Sports</i>	Sports programs offered by Seattle Parks and Recreation for youth and adults with physical challenges	<a href="http://www.seattleadaptivesports.org">www.seattleadaptivesports.org</a>
<i>Seattle Children's PlayGarden</i>	Designed to be a safe, supportive, accessible and innovative place for children of all abilities to play; offers various programs and camps	<a href="http://www.childrensplaygarden.org/">http://www.childrensplaygarden.org/</a>
<i>Seattle Children's Summer Camp Directory for Children with Special Needs</i>	Comprehensive directory updated yearly with summer camps and programs for children with special health needs in Washington state	<a href="http://cshcn.org/resources-contacts/summer-camp-directory">http://cshcn.org/resources-contacts/summer-camp-directory</a>
<i>Special Olympics of Washington</i>	Provides year-round sports training and athletic competition in a variety of Olympic type sports for children and adults with intellectual disabilities	<a href="http://www.specialolympicswashington.org/about">http://www.specialolympicswashington.org/about</a>
<i>TOPSoccer (The Outreach Program for Soccer)</i>	Community-based soccer program for boys and girls, men and women, 4 years old and up who have a cognitive and/or physical disability. Organized by youth soccer association volunteers, this unique program enables these players to participate at levels consistent with their skills, not necessarily their age	<a href="https://korrio.com/groups/seattle-shoreline-topsoccer">https://korrio.com/groups/seattle-shoreline-topsoccer</a>

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<b><i>School Districts</i></b>		
<i>Seattle Public Schools</i>	Special Education Department	<a href="https://www.seattleschools.org/cms/one.aspx?pageId=14833">https://www.seattleschools.org/cms/one.aspx?pageId=14833</a>
<i>Shoreline School District</i>	Special Education Department	<a href="http://schools.shorelineschools.org/studentservices/special-education/">http://schools.shorelineschools.org/studentservices/special-education/</a>
<b><i>Transitional Programs for Teens/Young Adults</i></b>		
<i>Bellevue Community College OLS Program</i>	Associate degree program for adults with cognitive disabilities	<a href="http://olsatbellevuecollege.com/">http://olsatbellevuecollege.com/</a>
<i>Center for Change in Transition Services (CCTS)</i>	Funded annually with federal resources from the Office of the Superintendent of Public Instruction (OSPI) to improve post-school outcomes for students with disabilities; provides resources and support services to special education teachers, directors, students and their families	<a href="https://www.seattleu.edu/ccts/#.VkZliDZdGUl">https://www.seattleu.edu/ccts/#.VkZliDZdGUl</a>
<i>Division of Vocational Rehabilitation (DVR)</i>	State agency accountable for assisting individuals with disabilities with employment coaching and placement services	<a href="http://www.dshs.wa.gov/dvr">www.dshs.wa.gov/dvr</a>
<i>Go Wise</i>	A state initiative for supported employment	<a href="http://www.gowise.org/">http://www.gowise.org/</a>
<i>Mainstay</i>	A job-matching service that works with the DVR	<a href="http://www.mainstay.org">www.mainstay.org</a>
<i>Northwest College Support</i>	Comprehensive college support program and therapeutic transitional program for young adults, based in Idaho but includes support in eastern Washington	<a href="http://collegesupportnw.com/">http://collegesupportnw.com/</a>
<i>Seattle Children's Alyssa Burnett Adult Life Center</i>	Offers classes and activities for adults with autism spectrum disorder (ASD) and other developmental disabilities as they transition out of the education system and into adulthood	<a href="http://www.seattlechildrens.org/contact/alyssa-burnett-adult-life-center/">http://www.seattlechildrens.org/contact/alyssa-burnett-adult-life-center/</a>

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<i>Shoreline Community Based Transition Program</i>	Serving Shoreline School District students 18-21 years old who have completed their high school experience and are ready to focus on vocational and community skills	<a href="http://learn.shorelineschools.org/shorewood/jgivenhelms">http://learn.shorelineschools.org/shorewood/jgivenhelms</a>
<i>Thrive Housing</i>	Planning and fundraising under way to open a supported, independent living facility for young adults on the autism spectrum	<a href="http://www.thrivehousing.com/">http://www.thrivehousing.com/</a>
<i>Transition Care Program at University of Washington</i>	Supports young adults with medically complex needs transition to adult-centered medical services and learn to take an active role in navigating the healthcare system and their care	<a href="http://www.depts.washington.edu/dbpeds/TC_P(2015).pdf">www.depts.washington.edu/dbpeds/TC_P(2015).pdf</a>